



eliminating racism
empowering women
ywca
princeton

Y the W makes the difference!

For more
information, please
contact us at (609) 497-2100

ballet/gym combo camp

**adventure, gymnastics
& adventure teen camps x 327**



YWCA Princeton
59 Paul Robeson Place
Princeton, New Jersey 08540
609-497-2100

www.ywcaprinceton.org/summercamp



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our camp programs



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Adventure Camp for Girls and Boys (ages 5 -10)

The activities of the Adventure Camp are always age-appropriate and are designed with safety and fun in mind. We will be introducing new programs and continuing annual favorites. The successful combination of these elements creates a unique camp experience for all of the campers! Campers should bring a brown bag lunch every day.

(See registration form for sessions and dates)

Activities include:

Instructional Swimming	Arts & Crafts
Special Events	Enrichment Activities
Sports	Day Trips
Guest Entertainers	



Lions (ages 5-6)

Offers just the right balance of enrichment activities, arts and crafts, instructional swimming and sports; while emphasizing cooperation among the group. The Lions have special off-site day trips alternate Thursdays. Campers should bring to camp every day a brown bag lunch, swimsuit, towel, and plastic bag.

9:00 am-4:30 pm

Tigers (ages 7-8)

This group encourages campers to work together as a team throughout many of their daily activities. The Tigers participate in instructional swimming, arts and crafts, sports, enrichment activities, and special off-site day trips alternate Thursdays. Campers should bring to camp every day a brown bag lunch, swimsuit, towel, and plastic bag.

9:00 am-4:30 pm

Cougars (ages 9-10)

This group allows more mature campers to express themselves and develop creativity through enrichment activities. The Cougars participate in sports and instructional swimming, and in off-site day trips alternate Thursdays. Campers should bring to camp every day a brown bag lunch, swimsuit, towel, and plastic bag.

9:00 am-4:30 pm

Girls' Gymnastics Camp (ages 5-12)

The Gymnastics Camp accommodates all skill levels, from children with no gymnastics experience to those with a great deal of experience. Gymnasts will be evaluated on the first day of each camp session and will be placed in skill-appropriate levels. They will learn in a safe, air-conditioned environment by an exceptional team of instructors. There will be instructional swimming and enrichment activities regularly, and special events on alternate Thursdays. Gymnasts should bring to camp every day a leotard, brown bag lunch, swimsuit, towel, and plastic bag.

9:00 am-4:30 pm

Adventure Camp for Teens (ages 11-14)

The Teen Camp offers positive and exciting experiences through instruction, guest presentations and field trips centered on a variety of enrichments and physical activities. Activities for this age group foster leadership, self-confidence and teamwork. Campers should bring to camp every day a brown bag lunch, swimsuit, towel, and plastic bag.

9:00 am-4:30 pm

Counselor in Training Course (age 15)

The Counselor in Training (CIT) Course offers a challenging yet rewarding curriculum for teens interested in working with younger children. CITs will be trained in all aspects of camp with all age groups. CITs will also be able to choose a special area in which they would like extra experience. Teens interested in the CIT Course will need to submit an application along with scheduling a one-on-one interview for acceptance. Deadline for application and interview is June 1, 2011. The CIT Course runs for 8 weeks; 6 weeks of training and 2 week volunteer period. Certification awarded upon completion of volunteer period.

9:00 am – 4:30 pm

\$780 for 8 week program

Ballet/Gym Combo Camp (ages 5-10)

This camp is a combination of gymnastic camp in the morning from 9-noon (lunch at noon with gymnastics girls) and ballet camp in the afternoon, 1-4 pm. Children will be busy training their bodies and learning skills all day. Classes begin in the gym with the gymnastics camp and finish in the dance studio where they will be working on daily dance classes and rehearsals for weekly Friday afternoon performances.

Children should wear a leotard to camp every day and pack their ballet slippers, brown bag lunch, and water bottle. Hair must be neatly tied back. Afternoon snacks will be provided.

9:00 am-4:30 pm



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summer camp mission

YWCA Princeton Summer Camps aim to empower children through educational, emotional, and physical growth. All activities are designed to provide a sense of pride and achievement, regardless of a child's individual ability. Campers are always treated with respect and their safety is key while in the YWCA's care. Our goal is to build lasting memories!

General Information for all YWCA Camps is available at www.ywcaprinceton.org/summercamp

- All YWCA Princeton Summer Camps are state-certified and held at the YWCA Princeton.
- There are First Aid & CPR Instructors on staff.
- Campers should bring a backpack each day and include in it a brown bag lunch, a bathing suit, towel, and a plastic bag for the wet suit; sun block; and water bottle. The children should wear sneakers (no sandals). Gymnastic campers need an extra leotard and a hair tie to pull back hair.
- All campers must be current YWCA members.
- Registrations are taken on a first come, first served basis. Register in person, by mail, or by fax. Our fax # is 609-924-8644.
- Registration forms must be accompanied by a \$100 non-refundable, non-transferable deposit. All deposits are applied toward balances due for the weekly camp fee. Payments must be received the Monday prior to the start of each session.
- Immunization form must accompany registration. NJ State mandates current immunization forms for each child entering summer camps. Any camper without current immunization forms will be denied entrance into camp.
- Parents will receive a \$25 sibling discount for each additional child for each session. (Adventure Camp only)
- Parents will receive a \$100 discount per child if they sign up and pay in full for five sessions by May 1, 2012. (Adventure Camp only)
- Financial assistance is available. Scholarships are granted on a first come, first served basis. Call the Financial Aid Coordinator, 609-497-2100, ext. 319 for more information.
- Credit requests will not be processed until after August 31, 2012. All credit requests must be approved by the camp directors (Early Childhood, Ballet and Adventure). Credits due to illness will be prorated from the last day your child attended camp and must be accompanied by a doctor's verification before the request can be processed. The credit is valid for one year from the date it is issued.
- **Change fee cost:** When there is an addition or cancellation made to your child (ren)'s schedule there will be a \$10 change fee cost.



Please mail information to: **YWCA Princeton Summer Camps**
59 Paul Robeson Place
Princeton, NJ 08540

or visit our website: www.ywcaprinceton.org/summercamp

2012 summer camp registration form

ywca membership required to register



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Please attach a copy of current immunization form. A child will not be accepted into camp without legal immunization records or signed waiver for approved religious reasons. Please note these forms are not available from the YWCA.

Send completed registration form, health history & release form, membership application and immunization records to:
YWCA Princeton Summer Camps, 59 Paul Robeson Place, Princeton NJ, 08540, or fax to 609-924-8644.

Camper's last name: _____ First name: _____

E-mail address: _____ Parent's/Guardian's name(s): _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: (____) _____ Work Phone: (____) _____ Cell Phone: (____) _____

Age at start of camp: ____ Sex: ____ DOB: ____/____/____ Grade Level in Sept.: ____

Session	Session 1	Session 2	Session 3	Session 4	Session 5
Group	6/25-7/6	7/9-7/20	7/23-8/3	8/6-8/17	8/20-8/31
Lions Ages 5-6	<input type="checkbox"/> \$405	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450
Tigers Ages 7-8	<input type="checkbox"/> \$405	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450
Cougars Ages 9-10	<input type="checkbox"/> \$405	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450	<input type="checkbox"/> \$450
Adventure Teen Ages 11-14	<input type="checkbox"/> \$500	<input type="checkbox"/> \$555	<input type="checkbox"/> \$555	<input type="checkbox"/> \$555	<input type="checkbox"/> \$555
Gymnastics Ages 5-12	<input type="checkbox"/> \$425	<input type="checkbox"/> \$470	<input type="checkbox"/> \$470	<input type="checkbox"/> \$470	<input type="checkbox"/> \$470
NEW!! Ballet/Gym Combo	<input type="checkbox"/> \$491	<input type="checkbox"/> \$545	<input type="checkbox"/> \$545	<input type="checkbox"/> \$545	<input type="checkbox"/> \$545
C.I.T. Age 15	<input type="checkbox"/> \$780				
Pre/After Camp Sessions					
Pre-Camp for all groups 7:30am-9:00am	<input type="checkbox"/> \$95	<input type="checkbox"/> \$105	<input type="checkbox"/> \$105	<input type="checkbox"/> \$105	<input type="checkbox"/> \$105
After-Camp for all groups 4:30pm-6:00 pm	<input type="checkbox"/> \$95	<input type="checkbox"/> \$105	<input type="checkbox"/> \$105	<input type="checkbox"/> \$105	<input type="checkbox"/> \$105

Payment Information:

Total amount due: \$ _____ Payment method: Cash Check (payable YWCA Princeton) MC Visa Discover

Card #: _____ - _____ - _____ - _____ Exp. Date: ____ / ____ CVC code (last 3 digits on back of card): _____

Credit Card Authorization: I hereby give the YWCA Princeton authority to charge my credit card, for my camp payment(s) in the amount of \$ _____ on the Monday prior to the date of the start of the camp week(s) for which my child is registered. I understand that this credit card agreement is a continuous payment plan that will remain in effect for as long as my child is enrolled in the YWCA Princeton Summer Camps. If I wish to terminate or change my payment, I must give the YWCA Princeton written notice before the Monday prior to the date of the start of them camp week(s). If my bank for any reason does not honor any of the credit card transactions, I realize that I am still responsible for the payment(s).

Signature of Card Holder: _____ Date: ____ / ____ / ____

2012 ywca health history & release for all ywca summer camps

To be completed by parent/guardian

Camper's Name: _____ **DOB:** _____ **Age:** _____

Parent/Guardian Contact:

Mother's Name: _____ **Home Phone:** (____) _____

Work Phone: (____) _____ **Cell Phone:** (____) _____

Email: _____

Father's Name: _____ **Home Phone:** (____) _____

Work Phone: (____) _____ **Cell Phone:** (____) _____

Email: _____

Emergency Contact:

Emergency Contact's Name (other than parent/guardian): _____

Relationship: _____ **Home:** (____) _____ **Cell/Work:** (____) _____

Insurance Info:

Name of Family Physician: _____ **Phone:** (____) _____

Medical Insurance Carrier: _____ **Policy Group #:** _____

Child Health History (please check a box next to each query):

Any known allergies: Yes No

If yes, please explain: _____

Will child need to take medication(s) during camp: Yes No

If yes, the Permission to Administer Medications form must be filled out and given to the camp health director before child attends camp. Medications must be accompanied by the original physician's prescription and given to the camp health director. **DO NOT LEAVE ANY MEDICATION WITH YOUR CHILD.**

Permissions (please sign below to agree to the following):

Photographs (check one):

Yes, I give permission for my child's photograph to be taken for use by the YWCA Princeton in its communications and promotion such as catalogs, brochures, annual reports, marketing, advertisements, TV, press releases and media outlets including papers.

No, I do not give permission for my child's photograph to be taken.

Trips: I give permission for my child to go on any YWCA Princeton sponsored field trips. I understand that the trips will be appropriately supervised; however, the YWCA Princeton and its employees assume no liability in case of an accident outside of our authority.

Medical Release: I know of no reason(s) other than the information indicated on this form why my child should not participate in camp activities. In an emergency, when either I or the emergency contact above cannot be reached or when immediate care is needed, I hereby give permission for the Camp Director and/or Camp Health Director to take any action deemed necessary for the best interests of my child including transportation for emergency room treatment. I also give permission for any medical personnel selected by the camp to provide needed care including any resuscitation efforts and emergency room care.

Camp Code of Conduct and Disciplinary Policy:

I have read and discussed with my child YWCA's Summer Camp Code of Conduct and Disciplinary Policy and agree to the terms described in them. (Note: copies are distributed in the parent packet and available through the camp office.)

Signature: _____ **Date:** ____/____/____

discipline policy

The YWCA camp program is dedicated to building each camper's self esteem and confidence by providing physical and emotional support in a nurturing environment. However, there are instances throughout the summer when campers exhibit what the camp deems as unacceptable behavior. "Anti Bullying," "Win-Win, Conflict Resolution," and "Building Blocks for Democracy" programs provide the basis for this discipline policy. It has been designed to handle situations of inappropriate behavior if and when they occur.

The purpose of discipline is to encourage appropriate behavior and to discourage inappropriate or negative behavior. Discipline should be done in a constructive manner, with the ultimate goal of enhancing a child's self-esteem. A child should be helped to understand why her or his behavior is inappropriate and how that behavior might be modified.

Guidelines

1. The discipline policy includes the following steps:
 - a. Verbal warnings are given to a camper.
 - b. Effective time-outs are used.
 - c. Camper is removed from group and Director is notified.
 - d. Parent is notified of child's inappropriate behavior by the Director.
2. All methods of guidance and discipline used shall:
 - a. Be positive.
 - b. Be consistent with the age and needs of the individual child.
 - c. Lead to the child's ability to maintain self control.
3. Campers may not be reprimanded for failure to eat or sleep, or for soiling themselves.
4. Campers in time-out are still the responsibility of the YWCA and will remain under supervision of the staff.
5. The discipline policy will be distributed to each staff member and reviewed during training.
6. Staff members must agree to follow the discipline policy and understand the importance of implementing it effectively.

Procedures for guidance and discipline

1. The child is spoken to about her/his behavior and told what behavior is desired.
2. If the behavior is not corrected, the staff will put the child in "time-out," where the child will sit down while in full view of staff. Time-outs will be no longer than 5 minutes, during which the camper will remain under full supervision of the staff.

3. If the child continues to display undesirable behavior, the Camp Director will be notified so that she will be able to speak directly to the parents.
4. For safety, based on the discretion of the Summer Camp Director: when campers go on field trips, consequences of undesirable behavior might include remaining behind at the YWCA with a supervisor or counselor.
5. After meeting or talking with the parents, the Camp Director may decide to let the child remain in her/his group or sit in the Director's office for an extended period of time.
6. If the problem still persists, the Camp Director will arrange for a Director/Camper/Parent conference to discuss the situation. From there, the Camp Director will decide if the camper will remain in camp or be suspended, without monetary compensation to the parents.
7. If suspension does not correct the problem, the Camp Director reserves the right to expel the child from camp, without monetary compensation to the parents.

Any of these instances may result in minor to serious implications for the camper, depending on the frequency and/or severity:

- Physical abuse (includes hitting, punching, kicking, etc.)
- Verbal abuse (includes cursing, teasing, name-calling, talking back, etc.)
- Spitting
- Flashing
- Poor interaction between other campers or counselors
- Destruction of the school's or organization's property
- Stealing or taking things without asking
- Refusing to follow directions or listen to counselors
- Unsportsmanlike conduct
- Poor hygiene

I HAVE READ AND UNDERSTAND THE ABOVE POLICY REGARDING MY CHILD(REN)'S DISCIPLINE. I AGREE TO COMPLY WITH THE POLICY AND PROCEDURES SHOULD MY CHILD(REN) EXHIBIT INAPPROPRIATE BEHAVIOR DURING CAMP.

Name of child _____

Parent/guardian Signature

Date

camper code of conduct

Camper's name: _____

The "Anti-Bullying," "Win-Win, Conflict Resolution," and "Building Blocks for Democracy" programs provide the basis for this code of conduct. It has been established to:

- Create and maintain a safe, orderly, and respectful environment for all campers without disruption or interference.
- Provide quality programs in a positive and caring setting.
- Clearly define acceptable conduct expectations.
- Identify the consequences of unacceptable conduct.
- Ensure discipline is administered fairly and promptly.

The Camper is responsible for contributing to the maintenance of a safe and orderly environment that is conducive to learning and enjoyment by observing the following:

- Respect all persons with honesty and integrity.
- Listen, follow, and perform the instructions of the staff in a timely manner.
- Respect all personal property and YWCA property by not taking, damaging, or destroying anything.
- Obey all emergency drills, procedures, and policies.
- Remain with camp staff at all times.
- Use positive and appropriate actions and language.
- Encourage positive interactions between campers and staff members.
- Dress appropriately.
- Leave valuables or hand-held electronics at home.
- Inform staff of violations to the code of conduct.
- Any weapons or objects that may be considered a weapon or are threatening to another's safety are strictly forbidden at camp.
- Accept responsibility for all verbal and physical actions.
- Strive for the highest standards of conduct, demeanor, and sportsmanship.
- Abide by all rules and regulations as outlined.

For safety, based on the discretion of the Summer Camp Director: when campers go on field trips, consequences of undesirable behavior might include remaining behind at the YWCA with a supervisor or counselor.

Parents/Guardians are expected to:

- Convey and explain to their child **Camper Code Conduct** rules, regulations, expectations, and consequences.
- Ensure campers are dropped off and picked up on time.
- Cooperate with staff in providing a safe, positive, and enriching environment for all participants.
- Notify summer camp staff of anything that may affect a child's ability to actively participate.
- Acknowledge in writing the acceptance of the **Camper Code of Conduct**.

By signing this document, we acknowledge receipt of the **Camper Code of Conduct** for the YWCA Princeton Summer Camp, including all regulations and consequences.

Camper signature

Date

Parent/guardian signature

Date

THIS CODE OF CONDUCT MUST BE RETURNED ON OR BEFORE THE FIRST DAY OF CAMP OR THE CAMPER WILL NOT BE PERMITTED TO ATTEND.



YWCA Princeton Summer Camp
Authorization to Administer Medication

Site _____

Students Name: _____ Age: _____

Name of Medication: _____

Reason being given: _____

Possible adverse reactions of physical limitations:

Child will be on this medication from: _____ to: _____

Dosage Amount: _____

Time: _____

Parent Signature: _____ Date: _____

State of NJ Requirements for Administering Prescription Medications

1. Medication shall be administered only after receipt of written approval from the child's parent.
2. Medication **MUST BE STORED IN ITS PRESCRIPTION CONTAINER**, which has been labeled with the child's name, the name of the medication, date it was prescribed and directions for its administration.
3. Unused medication will be returned to the parent when it is no longer being used. The YWCA Princeton Summer Camp Program require that medications being given to Supervisor and remain at the site for the duration. Please keep what is needed at home and send us what is needed at the site. This ensures that we will not forget to send the medication home at the end of the day and you will not forget to send it in the next day. Please send in a dosage cup or spoon as regular teaspoons are not an accurate measurement for medications.

PLEASE NOTE under no circumstances will the YWCA Princeton Summer Camp Program administer medication without a signed copy of this form. According to the board of health, there are to be no exceptions.



pick-up authorization

I, _____, parent and/or legal guardian of
Parent/Guardian
minor, _____, give permission for
Child
_____ to pick up my child from camp
Authorized Person
on _____
Dates

Signature

Parent or Legal Guardian

*Parents please note that the person you are authorizing to pick up your child will be asked for identification.

**Attention Managers/Counselors please keep this form in your attendance book at all times.