

ywca princeton • 59 paul robeson place • princeton, nj 08540 • (609) 497-2100 • www.ywcaprinceton.org

90 Ways We Make a Difference

1. We have been serving the changing needs of our local community since 1922.
2. We are part of the oldest and largest women's organizations in the nation, serving over two million women, girls and their families.
3. We have been "paving the way" for decades.
4. We provide fun and affordable summer camps.
5. We teach children early on we are all equal with equal rights.
6. We have influenced women to run for mayor and leadership positions.
7. We work together to help women live with, through, and beyond breast cancer.
8. We provide English language skills to students from 37 countries speaking 27 languages.
9. We started a movement, "Stand Against Racism" in 2007, that is held each April and has grown across the U.S. to more than 250,000 participants.

10. We are a place to live, laugh, and learn.
11. We channel the extraordinary in each of us.
12. We embrace all cultures, races and ethnicities.
13. We embraced anti-bullying way before the 2011 NJ mandate.
14. We are where passionate, caring, experienced teachers teach.
15. We are 90 + 1 years: we celebrate women's right to vote 90+1 years.
16. We have taught thousands to swim and certified lifeguards to save lives.
17. We successfully challenged the State of New Jersey's stand on abortion rights.
18. We offer five After School Program sites in Princeton and Montgomery Townships and one special education After School Program for 1st through 5th graders.
19. We created a Breast Cancer Resource Center in 1972 to help women throughout all phases of their journeys that has branched into a national program at YWCAs across the U.S.

20. We inspire and we are inspired.
21. We are a powerful and vibrant community.
22. We are a voice for women and women's issues.
23. We create positive spaces for growth and healing.
24. We make this community a great place in which to live.
25. We advocate for equal pay and financial empowerment.
26. We prepare non-English speaking children to be kindergarten ready.
27. We make members strong and confident through judo, Brazilian Jiu Jitsu, and aikido.
28. We teach parents English so they can communicate with their children's teachers and doctors.
29. We have had 90 dancers over age 40 have been empowered to perform in our Dance Project concert series.

30. We provide special events for the public.
31. We teach, but we learn from one another.
32. We are a place for families to bond and grow together.
33. We help people learn about themselves and build great lives.
34. We have embraced and fostered anti bullying education for decades.
35. We provide financial assistance to program participants who cannot afford it.
36. We have remained relevant to a growing and changing community for 90 years.
37. We are 1 of only 3 metastatic breast cancer (aka Stage IV) support groups in NJ.
38. We offer babysitting certification preparing nannies, teens, and adults for child care.
39. We have been welcoming those new to the area and our Newcomers Club for 51 years.

40. We stand against hate crimes.
41. We teach children as young as 4 months old how to swim.
42. We are a catalyst for change in the community and the world.
43. We create opportunity for dialogue, conversation, and understanding.
44. We transform lives, provide hope, and sometimes create new beginnings.
45. We stand for the right of women to be treated with dignity and respect and have done so in every era.
46. We foster the special bond between fathers and daughters at our formal annual "Valentine Day Dance".
47. We offer more than 10 different wellness programs and 6 different support groups for those with breast cancer.
48. We use every dollar donated to its fullest potential providing services that truly help individuals and families become stronger and empowered.
49. We are an inclusive community and welcome everyone regardless of age, and gender, color, residents, or economic background.
50. We take a leadership position in achieving positive change in the lives of individuals and in our community.

51. We live. We laugh. We learn.
52. We help people create abundant lives.
53. We are a community of people serving people.
54. We provide over \$500,000 in scholarships annually.
55. We build character, confidence, pride, and responsibility.
56. We are a place for the young, the young at heart, and everyone in between.
57. We are passionate about our work and having a positive impact in people's lives every day.
58. We encourage adults to express themselves through the arts and dance ... from ballet to zouk, flamenco dancing to Hot Salsa Hot!
59. We provide early childhood education with credentialed staff who are members of the NJ Association of the Education of the Young Child (NJAEYC).

60. We connect families and neighbors.
61. We are a place for families to connect and strengthen.
62. We enable people to try new classes and discover new passions.
63. We provide financial assistance through our Bates Scholarship Fund.
64. We provide adaptive programs for the physically and mentally challenged.
65. We pay tribute to outstanding women making a difference in the community.
66. We provide job growth for teenagers through our camp counselor and lifeguard training programs.
67. We provide parents peace of mind knowing their children are growing and flourishing in a safe environment.

68. We bring our After-School, ESL, and Breast Cancer programs into the community, closer to where it is needed.
69. We provide outreach programs for breast cancer awareness through our women of Wisdom through businesses, high schools, colleges, faith-based organizations.
70. We are a place to play when work is done.
71. We prepare volunteers for the work force.
72. We create an environment of giving and receiving.
73. We are where people turn to solve community problems.
74. We stand behind the right to vote and exercising that right.
75. We help those who may be lost in the crowd find their way.
76. We helped individuals develop initiative, self-reliance, dependability, and cooperation.
77. We empower by giving tools to create positive futures for one self and their families.
78. We offer one-week camps during school breaks and the summer so parents can go to work confidently and without worry.
79. We introduce new, interesting classes each semester like our Ikebana (Japanese Flower Arranging), Toddler Dance Jam, Tap –and-Math Dance, and Multi-Cultural Customs & Etiquette classes.
80. We believe, hence we are limitless.
81. We provide affordable programming.
82. We laugh. We laugh a lot. We laugh out loud.
83. We break down barriers that cause division in our communities.
84. We are a place where life-long memories and friendships are made.
85. We provide opportunities for a better life through our citizenship and ESL GED program.
86. We teach generations of families – great-grandparents, grandparents, parents, and children.
87. We reach 5000 women annually through our Breast Cancer Resource Center including minorities, underserved, and under-insured.
88. We help people grow and develop improving their employable skills, which in turn improve their quality of life and their employer’s workplace.
89. We provide top-quality martial art instruction with instructors who have competed in the Olympics, are Pan American medalists, and have competed in world competitions.
90. We eliminate racism, empower women and promote peace, justice, freedom and dignity for all.